



Better Claims Outcomes

The consequences of delayed employee recovery can be severe. Many workers are absent from work due to stress and anxiety caused by physical injury, absence of structure, financial strain and problems at home.

Engagement For Optimal Outcomes:

- Early identification & referral
- Engage W-CBT for return-to-work and stay-at-work objectives

Ascellus Account Management Team

clientServices@ascellus.com

Referrals

referrals@ascellus.com
1-866-678-2924 ext.1

Case Status Updates

Contact the assigned case coordinator for your claim. For assistance identifying your case coordinator or escalations, please contact Derrick Amato.

Reports Inquiries

reports@ascellus.com
1-866-678-2924 ext.1008

Authorizations & Billing Inquiries

billing@ascellus.com
1-866-678-2924 ext.2

Adjuster and Nurse Case Manager Referral Guide

Ascellus Behavioral Health, the nation's largest behavioral health network for occupational injury care, provides health behavior assessment and intervention (HBAI) and psychology services.

Ascellus Services

- Health Behavior Assessment & Intervention Services (HBAI)
 - Work-focused cognitive behavioral therapy (W-CBT) for individuals with medical illness/physical injury and symptoms of anxiety, depression and distress who would benefit from W-CBT to return to work and stay on the job
- Psychological Diagnostics Assessment and Treatment
 - Assessment and treatment for those diagnosed with a mental health condition

Ascellus Process Snapshot





Most Commonly Referred ICD-10 Codes

Trauma and Other Stressor Related Disorders

- F43.0 Acute stress reaction
- F43.23 Adjustment disorder with mixed anxiety and depressed mood
- F43.10 Post-traumatic stress disorder, unspecified
- F43.22 Adjustment disorder with anxiety
- F43.20 Adjustment disorder, unspecified
- F43.9 Reaction to severe stress, unspecified
- F43.8 Other reactions to severe stress
- F43.11 Post-traumatic stress disorder, acute
- F43.12 Post-traumatic stress disorder, chronic

Brain and Head Injury Diagnoses

- F07.81 Postconcussional syndrome
- S09.90XA Unspecified injury of head, initial encounter

Anxiety Disorders

- F41.1 Generalized anxiety disorder
- F41.9 Anxiety disorder, unspecified

Depression Disorders

- F32.9 Major depressive disorder, single episode, unspecified
- F33.1 Major depressive disorder, recurrent, moderate

COVID-19

- U07.1 COVID-19

Pain Syndromes

- G89.4 Chronic pain syndrome
- G89.29 Other chronic pain

Pain, by Body Part

- M54.5 Low back pain
- M54.16 Radiculopathy, lumbar region
- M54.2 Cervicalgia
- M54.12 Radiculopathy, cervical region
- M25.511 Pain in right shoulder
- S16.1XXA Strain of muscle, fascia and tendon at neck level, init
- S39.012A Strain of muscle, fascia and tendon of lower back, init
- S16.1XXD Strain of muscle, fascia and tendon at neck level, subs
- S39.012D Strain of muscle, fascia and tendon of lower back, subs

Failed Back Surgery Syndrome

- M96.1 Postlaminectomy syndrome, not elsewhere classified